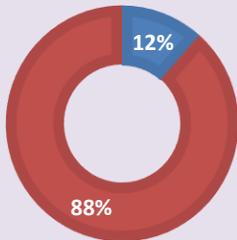
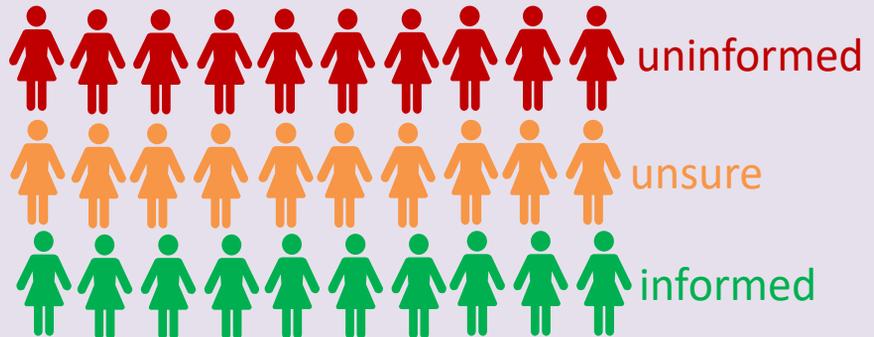


Birmingham and Solihull Survey – the results

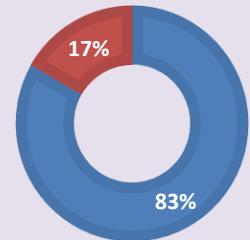
In November 2018 two workshops were conducted by Sarah Bown from the University of Wolverhampton in partnership with BID Services, focussing on the menopause as experienced by Deaf and hard of hearing women. The feedback from participants indicated a greater need for **accessible** information and support.

66.6% of Deaf women are **not informed enough** about the menopause.



12% are able to access information in BSL

Despite existing legislation (Equality Act 2010; PSED 2011) and the NHS accessible information standard, Deaf women **do not have sufficient access** to menopause health information in **British Sign Language (BSL)**.



83% want to access information in BSL

“For most Deaf people, English is a second language and as such they may have a limited ability to read, write or speak English.” (NHS accessible information standard, 2015:6)



90% have difficulty understanding websites



89% have difficulty understanding leaflets

For further details – please contact

S.Bown@wlv.ac.uk

Birmingham and Solihull Survey – the results

79% of Deaf women **did not consult** healthcare professionals about their menopause symptoms, this is 29% higher* than the general female population.

*BMS National Survey 2017



In contrast Deaf women state they **need more professional help and advice** as they **approach** the menopause.



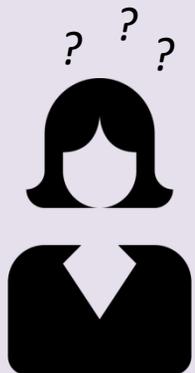
Deaf women on average report **nine symptoms** of the menopause.

Symptoms listed: Low mood, Sweating, Panic attacks, Hot Flashes, Joint pain, Headaches, Night sweats, Tired, Heart beating fast, Numbness in body, Poor memory, Anxiety, Irritable, Feel nervous, Frequent urine passing, Loss of interest in sex, Dizzy, Joint and muscle pain.

Other terms: Mood swings, No interest in life, Crying, Depression, No energy.



The vast majority of Deaf women have **no awareness** of treatment options and how these work.



Percentage of Deaf women who want **help and advice** in the following formats.

